

# The Mailbag



## JOIN US FOR THE FIRST MEETING OF THE SUMMER 2008

**Contact:**  
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**282-8181**

JOIN USE FOR OUR  
CHAPTER MEETING  
July 20, 2008  
3:00PM

**Please take note of our new location:**  
**4836 Victor Street**

Michael Doan - Representative for CONVATEC  
will be the guest speaker  
Sunday July 20th 3PM

### **ConvaTec Sold By Squibb**

Bristol-Myers Squibb Company announced that it has signed a definitive agreement to sell its ConvaTec business unit to Nordic Capital Fund VII and Avista Capital Partners for \$4.1 billion.

Dave Johnson, who will remain the CEO of ConvaTec, said, "I am excited to partner with Nordic Capital and Avista Capital Partners as we transition ConvaTec to a stand-alone company. Both firms have a proven track record of success in the healthcare industry. They are passionate believers in ConvaTec's future growth and will be strong supporters of the ConvaTec business. Their deep experience in guiding strategy and backing companies will help take ConvaTec to the next level of success as an independent company."

The transaction is subject to customary regulatory approvals and delivery of ConvaTec's audited 2007 financial statements. The closing is anticipated in the third quarter of 2008.

Medical Care Products is on the Web  
[www.ostomymcp.com](http://www.ostomymcp.com)

## What is Normal for Your Stoma? Coos Bay Ostomy Association

What is normal for my stoma? This is a frequently asked question. Here are some answers from your stoma to you.

My color should be a healthy red; I am the same color as the inside of your intestine. If my color darkens, the blood supply might be pinched off. First, make sure your pouch is not too tight. It should fit about 1/16<sup>th</sup> of an inch from the base of the stoma—although the new extended wear barriers like the Hollister FlexTend and the ConvaTec Durahesive may touch the stoma. If I should turn black—very unlikely but it does happen occasionally—seek treatment at once. Go to your local hospital emergency room if you cannot readily locate your doctor. Be sure to remove the pouch and the skin barrier for them to examine the stoma and peristomal skin. Always take at least one extra pouching system along.

I might bleed a little when cleaned. This is to be expected. Do not be alarmed. Please, just be gentle when you handle me. If I am an ileostomy, I will run intermittently just about all the time and stool will be liquid to semi-solid.\

If you should notice that I am not functioning after several hours and if you develop pain, I might be clogged. Try sipping warm tea or taking a little mineral oil and then try walking or getting into a knee-chest position on the floor. Sometimes a hot shower with your barrier removed will relax you enough to loosen the obstruction. If I do not begin to function after about an hour of this, call your physician. If you cannot locate him/her, go to the emergency room. In the meantime, I might have begun to swell. Remove your skin barrier and put on one with a bigger opening.

If I am a colostomy located in the descending or sigmoid colon, I should function according to what your bowel habits were before surgery. I can be controlled in some cases with diet and/or irrigation. This is a personal choice. There is no right or wrong to it, as long as I am working well, my stool will be solid.

If I am a urinary diversion, I should work constantly. My urine should be yellow, adequate in amount and will contain some mucous. If my mucous is very much more excessive than usual, I might have an infection. I will probably also have an odor and possibly a fever. Consult your physician if that is the case. If at any time, you doubt that your stoma is functioning normally, please seek help . . . call your WOC nurse. The cause needs to be evaluated. If your problem is a serious one, it needs correction. If it is not, you will be relieved to know your stoma is alive and well.

*Note: If you do not have a WOC nurse, find one before you ever need help. Have his/her phone number in your wallet at all times—just in case. In addition, you should see your WOC nurse every year or two or three to have your stoma examined.*

### International Ostomy Association

Are you interested in Ostomy related news from around the world? If so please visit the IOA Website <http://www.ostomyinternational.org>. There you will be able view past issues of the **IOA TODAY** Newsletter containing Ostomy related reports from around the world.

There is also an up to date section called Publications. There you will find a number links to **Ostomy related publications** from around the world. You may visit this page via <http://www.ostomyinternational.org/publication.html>. Also found on this page you will find the IOA History. This History is now up to date as of December 2007.



### E.T. Nursing Services, Inc.

Wound, Skin and Ostomy Specialty

9926 Beach Boulevard, Suite 116

Jacksonville, Florida 32246

(904) 642-3120

### Visit our chapter Website:

<http://www.ostomymcp.com/chapter/Jaxchapter1.htm>



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**International Ostomy Association**

[www.ostomyinternational.org](http://www.ostomyinternational.org)

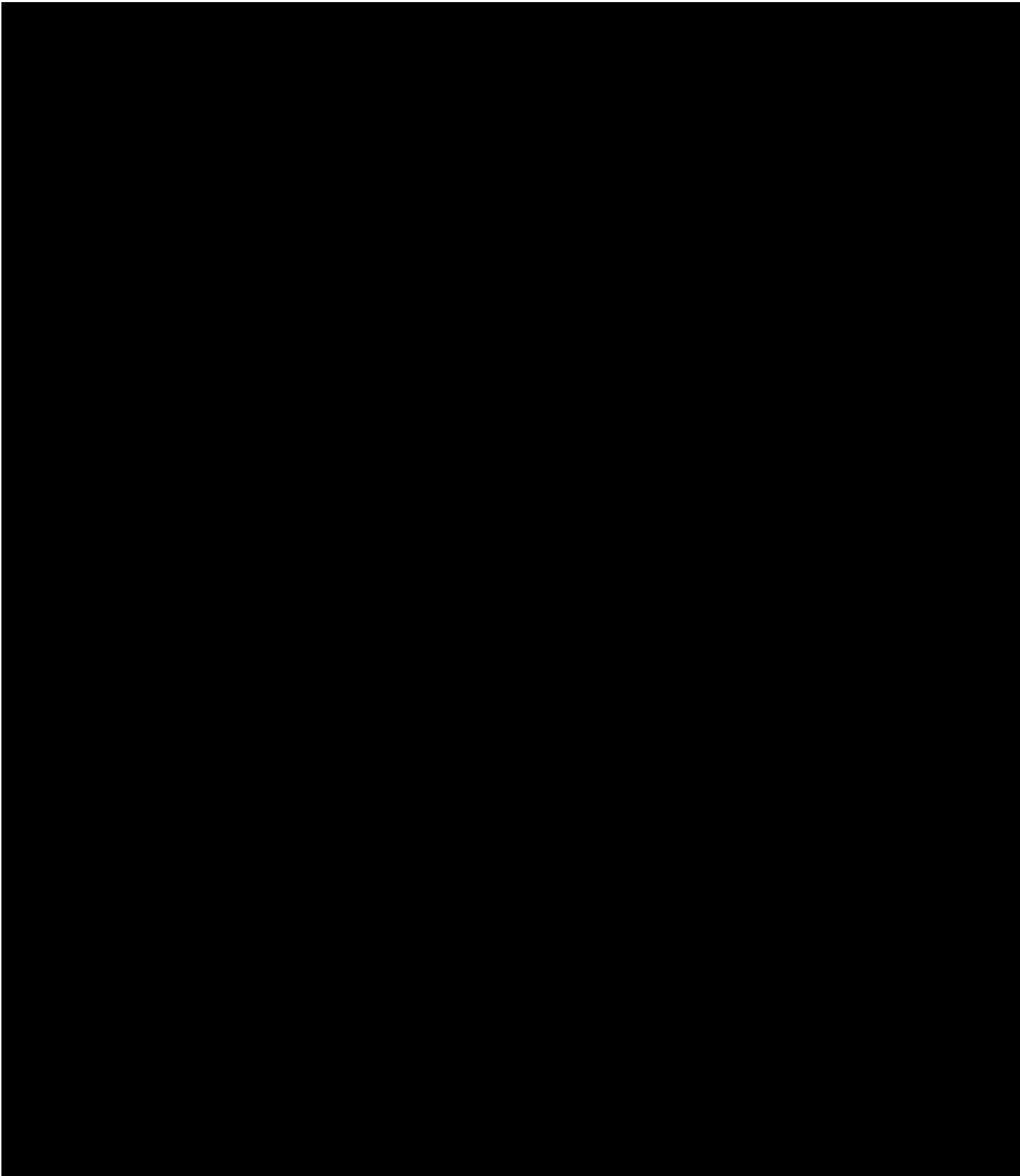
The IOA Today Newsletter Second Quarter 2008 is now available. If you would like to keep up with Ostomy related information from around the world, then please sign up for the **FREE IOA TODAY Newsletter**.  
<http://www.ostomyinternational.org/Today.htm>  
You may also view past issue from the above URL.

**Visit our chapter Website:**

<http://www.ostomymcp.com/chapter/Jaxchapter1.htm>

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## Ostomy Chat Room Weekly Meetings

**Yahoo Peoples with Ostomy2\*** - Mondays, 8:00 pm US Central time

<http://clubs.yahoo.com/clubs/peopleswithostomy2>

**Community Zero (Ostomy) Support\*** - Wednesdays, 9:00 pm US Eastern time

<http://groups.yahoo.com/group/ostomatessupport/>

**Shaz & Jason's Chat\*** - Saturdays, 8:00 pm UK time / 3:00pm US Eastern Time

<http://www.ostomy.fsnet.co.uk/chat.html>

**Yahoo UK Ostomy Support\*** - 1st & 3rd Sundays, 8:00 pm UK time / 3:00 pm US Eastern Time

<http://clubs.yahoo.com/clubs/ukostomysupport>

Use this form to join our chapter! **You do not have to be an ostomate to be a member and/or support the work of UOA. All information on this form will be kept confidential.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone# Home \_\_\_\_\_ Work# \_\_\_\_\_

Email Address \_\_\_\_\_

Type of intestinal or urinary diversion: Colostomy \_\_, Ileostomy \_\_, Urostomy \_\_, Ileoanal Pull-thru \_\_  
Continent Ileostomy \_\_, Continent Urostomy \_\_, None \_\_, Other \_\_

You may use my name in chapter Newsletter & Directory: Yes \_\_ No \_\_

Mail to: Patti Langenbach, PO Box 10239 Jacksonville, FL 32247-0239

Medical Care Products, Inc

**Toll Free 800 741-0110**

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PO Box 10239  
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TO:

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Sunday July  
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3 PM  
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